

Eco-Friendly Laundry Guide

Looking for eco-friendly ways to do your laundry?

Here are a few useful tips to help you conserve electricity and help the environment.



Adopt a green laundry routine with these 5 tips

1. DIY detergent: A green alternative for detergent is vinegar! Pour a half cup of distilled white vinegar into the washing machine instead of a traditional detergent or fabric softener. Vinegar whitens, brightens and softens clothes.

2. Wash full loads: Fill the washing machine to the recommended capacity (but not more than that) to ensure efficiency.

3. Wash with cold water: Harvard University researchers say scientific studies show that washing clothes in cold water is just as effective as washing them in hot water for everyday laundry. Colder water prevents color bleeding and shrinking clothes, and helps clothes last longer.

4. Wash using shorter cycles: Doing laundry with shorter cycle is another crucial step towards a more sustainable routine. Shorter and colder cycles also reduce microfibers.

5. Use wool dryer balls: A regular dryer sheet is only single-use and loaded with toxic chemicals. Wool dryer balls are eco-friendly! They can reduce static electricity and wrinkles, make clothes softer, and speed up the drying process.