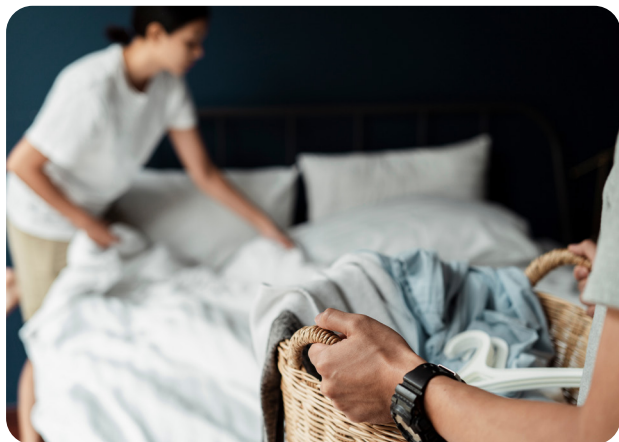


Three Reasons to Wash Your Sheets Weekly



You sweat while sleeping – and body soils transfer to your sheets.

You drool at night – when you're sleeping your swallowing reflexes relax which can allow saliva to escape from your mouth.

You can reduce the build-up of dirt, skin, sweat & oils with weekly sheet washing. There's a lot more to washing your sheets than just having that comfy, clean bed feeling.

Wash Sheets Weekly – Here's Why.

Studies show that washing your sheets weekly can lead to better sleep.

And if that isn't enough. Here are three more reasons why:

You shed thousands of skin cells when you sleep – and dust mites love to feed off dead skin.